

Soups

"Where's Your Spoon?"

You'll certainly want to know, because you can't eat our gourmet homemade soups without one!

Soup is the lifeblood of Liquid Lunch. We offer 8 or more unique soups daily, ranging from "Gram's Chicken Noodle" to "Ben's BBQ" soup. Stop by and see what Fred's got in the pot.

We offer 4 "Staples" you can find everyday:

Chicken Noodle

Beef Barley

Vegetarian Lentil

French Onion

Ask About Our Seasonal Soups

8oz 3.50 16oz 6.75 32oz 11.50

In addition, we have 4-6 different offerings which change daily.

These are Fred's "Specialty" soups

8oz 3.85 16oz 7.25 32oz 13.00

Are you in the mood for an "Experience"?

These soups are sure to send you somewhere that feels like home.

8oz 4.25 16oz 7.75 32oz 14.00

rev. 4/16



Catering available for parties and events. Please see our catering menu for pricing and details.

THOROUGHLY COOKING MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS GREATLY REDUCES THIS RISK OF FOODBORNE ILLNESS

84 Broad St., Milford, CT 06460
(203) 877-SOUP(7687)
FAX (203) 783-0605

MILFORD HOURS:

Mon.-Sat. 10:00am-4:00pm
Sunday CLOSED

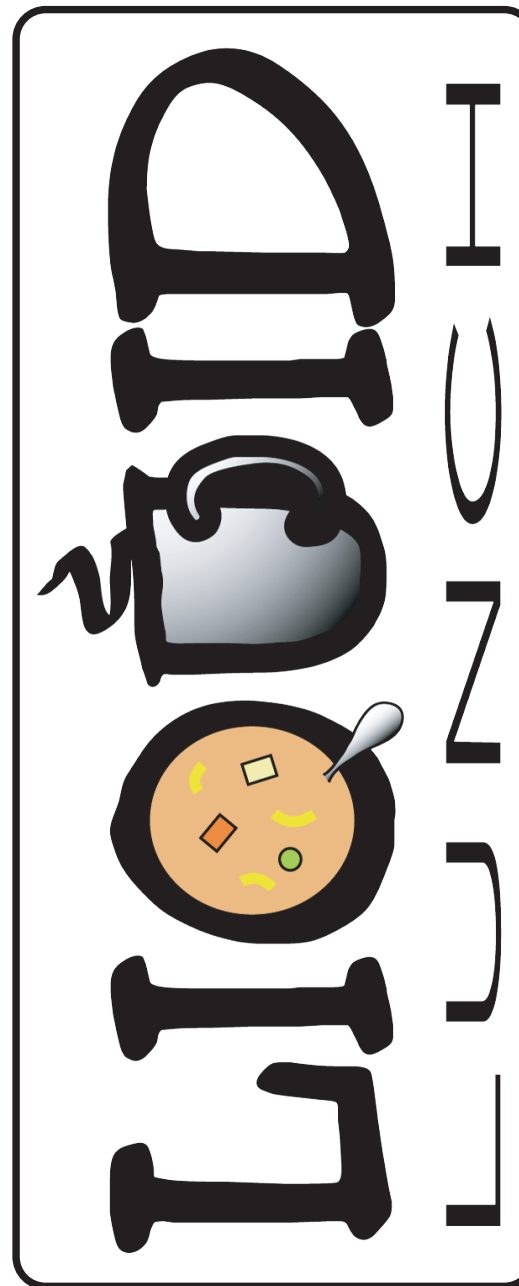
6 Research Drive, Shelton, CT 06484
(203) 926-6038
FAX (203) 926-1821

RESEARCH DR. HOURS:

Mon.-Thur. 8:00am-3:00pm
Fri. 8:00am-2:30pm
Sat., Sun. CLOSED

LUNCH DELIVERY AVAILABLE
WITH \$25 MINIMUM ORDER
(call or fax your order in EARLY!
Lunch delivery is limited)

Check out our daily soups and specials on our website:
liquidlunchrestaurant.com



"Where's Your Spoon?"

Take it Home

Now you can take some of our soup home frozen and heat it up at your convenience with our 32 oz Boil-in-Bag

We Cater and WE ROCK!

Keep us in mind for your next event, whether it be a backyard BBQ, Office Meeting or a Wedding with all the bells and whistles.

We've got you covered

Liquids

Smoothies

Thick, cold and refreshing. Frozen Fruit blended with Milk, Yogurt, Soy or Fruit Juice.

16oz 4.50 24oz 5.75

Espresso Drinks

Served hot or cold

12oz 3.75 20oz 4.50

Gourmet Shakes

Transform our espresso drinks into dessert!

16oz 4.50 20oz 5.75

Greens

Crisp, refreshing salads made to order with our finest ingredients!

- Waldorf** 8.29 Sliced Pears, Walnuts and Crumbled Bleu Cheese over Mesclun Greens Served with White Vinaigrette Dressing
- Chicken Caesar** 8.29 Grilled Chicken Breast, Served over crisp Romaine Lettuce tossed in Caesar Dressing and Grated Parmesan Cheese, Topped with Our Own House-made Croutons.
- 7-Layer** 8.49 Turkey, Bacon, Avocado, Tomato, Hard-Boiled Egg, Sharp Cheddar and Red Onion Served over Baby Spinach with Honey Mustard Dressing
- Garden** 7.49 Mesclun Greens, Mixed Veggies, Swiss Cheese and House-made Croutons, Served with Your Choice of Dressing
- Nantucket** 8.79 Sliced Granny Smith Apples, Crumbled Goat Cheese and Our Own Candied Almonds on a Bed of Fresh Baby Spinach, Served with Balsamic Vinaigrette
- Cape Cod** 8.79 Mesclun Greens, Red Onion, Sliced Pears, Candied Pecans & Walnuts, Craisins, Goat Cheese, Served with White Vinaigrette

Add Grilled Chicken, Tuna or Portobello to any Salad for 2.00

Ask About Our Seasonal Salads

Sammiches

Served fresh or Panini style on your choice of breads:

WHITE - WHEAT - 8 GRAIN - ITALIAN
SEEDLESS RYE - ONION RYE - PUMPERNICKEL
TORTILLA WRAP - FLATBREAD

- Denver** - Grilled Chicken Breast, Bacon, Lettuce, Tomato and Roasted Garlic Aioli 7.49
- San Diego** - Turkey, Bacon, Provolone, Baby Spinach and Sun-Dried Tomato Aioli 7.49
- Venice** - Grilled Marinated Portobello, Fresh Pesto, Fresh Mozzarella and Baby Spinach 7.49
- Martha's Vineyard** - Grilled Chicken, Cranberry Sauce, BBQ Sauce, Pepper Jack Cheese and Caramelized Onions 7.49
- Anchorage** - Albacore Tuna Salad, Dill Pickles and Pepper Jack Cheese 7.49
- Portland** - Turkey Breast, Fresh Apple Coleslaw and Sharp Cheddar 7.49
- Santa Fe** - Marinated Chili Garlic Chicken, Red Onion, Roasted Peppers and Pepper Jack Cheese with Chipotle Aioli 7.99
- Charlotte** - Pulled BBQ Pork, Sharp Cheddar Cheese and Apple Coleslaw 7.99
- Philadelphia** - A Classic Philly Cheesesteak 7.99
- Buffalo** - Grilled Chicken sautéed in Buffalo Sauce, Romaine, Diced Tomato, Red Onion, French's Fried Onions & Bleu Cheese Dressing 7.99
- Jackson** - Chicken Salad, Walnuts, Cheddar Cheese, Lettuce and Bacon 7.49

Ask About Our Seasonal Sandwiches